

Creo Wealth
Money Video Script

Hello and welcome to your course, 'How to talk financially to your partner'.

I'm Kylie Sultana from Creo Wealth, and I'm honored and excited to be one of your coaches on your financial empowerment journey. My specialty is helping couples understand their money and get in sync with each other so they can achieve their shared goals.

Money can be an uncomfortable topic to talk about. It takes courage to begin a conversation about money, and you did it! This course is filled with tools and techniques to make it easier for you and your partner to talk about money in a way where you can hear and understand each other.

I'm here to tell you that it IS possible to have a relationship where you and your partner work towards shared financial goals while having a blast doing it.

Each course module is designed to support you in getting clear about your money circumstances and to teach you practical skills to handle your day-to-day finances.

By the end of this course, you and your partner will have everything you need to work in harmony towards your dreams.

In this first module we will start to uncover what obstacles might be in the way of the amazing future you and your partner want to create together.

The very important first step in your journey is to explore your personal money story. Before you can understand how your partner sees money, it's important to do the work to understand your own relationship with money.

A money story is a personal, unique narrative that shapes your beliefs, thoughts and feelings about money.

Many of these money beliefs were learned in childhood from what you saw and heard from the adults around you. Your life circumstances, surroundings, and personality also play a part in creating your money story.

We are often not aware of our money story, even though it subconsciously drives many of our feelings and behaviours around money. Your money habits, how you spend and save, and how you plan for the future are all based on your money story. These factors can affect your relationships, particularly the one with your partner.

These unconscious money beliefs may not be aligned with your ideal future, and they could be stopping you from reaching your financial goals.

The important thing is that you have the power to decide right now to do the necessary work to understand your money story and get back in the financial driver's seat.

You may be concerned that examining your money story might bring up uncomfortable feelings and memories from your past.

I am here to tell you you're not alone. We have set up a closed Facebook group so you can share your process, ask questions, and get advice from others in the course.

Facing the discomfort of doing the work to become familiar with your money story is *so* worth it! It is one of the most powerful things you can do to improve your financial situation.

Let's start by asking yourself some questions. I recommend getting a notebook to use for this course so you can write down your answers and take notes. The goal of answering these questions is to help you bring clarity to your money story.

Ready? Here are the questions. Feel free to pause the video while you answer them.

What are you saying to yourself about money?

What do you believe about money?

What emotions do you feel when you think about money?

How do you use money?

You are probably starting to see how powerful this process is for connecting you to the thoughts, beliefs and feelings that shape your money story.

By uncovering your own money story, you'll gain clarity on your values, making it easier to communicate with your partner.

This process makes it possible to share your money story with your partner so you can begin re-writing the parts that don't support your shared vision of a financial future.

You can write a meaningful money story that supports a healthy relationship with money.

I hope you are excited and inspired about the start of your financial empowerment journey, and I look forward to seeing you on our Zoom call!